



義安中學

NGEE ANN SECONDARY SCHOOL

Established by Ngee Ann Kongsi (義安公司主辦)

Our Vision : An Icon of Excellence & The Pride of the Community

Our Mission : Building Character, Expanding Minds, Shaping Lives

Our Core Values : Integrity, Commitment, Respect,

14 September 2018

supported by :



FAMILY matters
@ school

To: Parents / Guardians

FAMILY MATTERS@SCHOOL PROGRAMME

As part of our continual efforts to provide a holistic education to our students, our school has adopted the Family Matters@School Programme which is under the umbrella of the Ministry of Social and Family Development (MSF).

2 Family Matters@School adopts a holistic family learning model which includes equipping parents with resources, knowledge and skills to better connect with their children. The parent-child relationship has much impact on the children's academic achievements and their development into socially-adept individuals with positive life skills. It also provides parents with trainings in life skills.

3 Throughout the year, Family Matters@school collaborate with the Parent Support Group (PSG) and Dad's For Life to organise various parent workshops and bonding activities which aim to allow parents to better understand their children and to foster better parent-child relationships. We strongly encourage parents to take full advantage of this programme so as to reap the rewards of building a strong family unit with their children.

4 The co-ordinator of this programme is Mdm Lim Beng Choon. Should you have any queries, please feel free to contact her via email at ngeeann.sfe@gmail.com or SMS your queries to her at 9616 2621.

5 Please refer below for the parent workshops/activities and father-child bonding activities planned for Term 4, 2018.

6 We look forward to receiving your registration and seeing you at these workshops/activities. Please note that for workshops/activities with limited places, successful registration will be on a first-come first-served basis. Thank you.



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Workshops/Activities for Parents for 2018 Term 4

#	WORKSHOP/ ACTIVITY	DATE	TIME	SUITABLE FOR	TRAINER/ VENDOR
1	<p><u>Father-child bonding activity: Fishing with my Dad</u></p> <ul style="list-style-type: none"> - There is a co-payment of \$10 per pair. Additional \$25 for additional child where applicable. - If you have registered and do not turn up, there is a full payment of \$50 per pair as the school cannot subsidize any absentee. - Please refer to synopsis section for other details. 	13 Oct 2018, Sat	9am-12noon	Father-child (minimum 10 pairs, max 25 pairs)	Fishing Paradise@ Pandan Garden
2	<p><u>Parent workshop:</u> I can't live without IT! Engaging the IT and smartphone generation (TCS-P2-2016s)</p>	20 Oct 2018, Sat	9am-11am	Parents	Touch Community Services
3	<p><u>Parent/Father-child bonding activity: Big walk and treasure hunt with my Dad at Garden by the Bay.</u></p> <ul style="list-style-type: none"> - This activity consists of two parts : Big walk for Parents and families from Stadium MRT to Garden by the Bay (GBTB) : Treasure hunt at GBTB by the pair for father-child pair. Mothers will be grouped separately. - Please refer to synopsis section for other details. 	27 Oct 2018, Sat	8am-11am	Parents/ Father-child (min 15 families)	PSG and DFL volunteers



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Synopsis and Notes of Workshops/Activities

Please refer below for synopsis of the workshops/activities. You may also visit the school website:

<http://ngeeannsec.moe.edu.sg/parents-n-partners/family-matters-at-school-programmes>.

#1: Father-child bonding activity: Fishing with my Dad on 13 Oct , Sat, 9am-12noon (3 hours) at FISHING PARADISE @ PANDAN GARDEN at 81, Lor Chencharu, #01-08 S(769198).

Father and child can learn about fishing from this activity and get to know one another, build fond memory for good time spent together. This relaxing hands-on activity will be held at FISHING PARADISE @ PANDAN GARDEN at 81, Lorong Chencharu, #01-08 S(769198). At the same time, you can meet with fellow fathers, make new friends and to share parenting experiences and challenges.

Details:

- Registration is on first-come first-served basis for a maximum of 25 parent-child pairs.
- There is a co-payment of \$10 per father-child pair. Any additional child will be charged at \$25 per child. Payment will be collected on the day of the event.
- Once you have registered for the activity, you will receive a confirmation from the coordinator and your registration will be deemed confirmed. Do check with the coordinator if you have submitted the form but have not received any confirmation.
- If you have registered and do not turn up for the event, you will be charged the full payment of \$50 per father-child pair and \$25 for additional child as the school is unable to subsidise any absentee.
- Please note that we need a minimum of 10 pairs to sign up by 6 Oct 2018 to proceed with the event.
- Fishing will be conducted at FISHING PARADISE @ PANDAN GARDEN at 81, Lor Chencharu, #01-08 S(769198). Please make your own arrangement to travel to the venue by 8.30am for attendance marking as the event will commence sharp at 9am.
- Other relevant details will be given to registered participant in due course.
- Please note this is an outdoor activity and the programme may be delayed because of inclement weather. Hence, do be prepared for the duration to be extended beyond 12noon if the starting time is delayed.



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#2. Parent workshop: I can't live without IT! Engaging the IT and smartphone generation (TCS-P2-2016s) (2hrs) on 20 Oct 2018, Sat, 9am -11am by Ms Michelle Lee from Touch Community Services

What are the latest evolving trends of online communications (e.g. Facebook, Instagram, Twitter, YouTube, Whatsapp, Snapchat)? Why are our children and youths so attracted to and spending so much time on this social media world? Our experienced speaker from TOUCH will update parents on some of the latest and emerging social media trends among our youths and the possible impacts / consequences on their future. Parents will better understand the thrills on the social media world that enthralls our children.

Through this workshop, parents can: 1. Understand current social media trends, platforms and issues 2. Be aware of the consequences of misuse and abuse of social media 3. Be empowered to be confident about educating and engaging their children in the digital age

#3: Parent/Father-child bonding activity: Big walk and treasure hunt with my Dad at Gardens by the Bay.

This is an activity jointly organised by PSG, DFL and FMS for parents and children to engage in healthy lifestyle activity with outdoor hiking and activity. The event provides opportunity for families to get to know one another, create fond memory, while making new friends and bond with other parents/families. The participants will also walk and appreciate Singapore's iconic and scenic places.

- This activity consists of two parts :
 - : Big walk for parents and families from Stadium MRT to Gardens by the Bay (GBTB)
 - : Treasure hunt at GBTB by the pair for father-child pair. Mothers will be grouped separately.
- Participants are to make own arrangement to meet at Stadium MRT by 7.45am. Big walk commences at 8am sharp.
- We need a minimum of 15 families to sign up to proceed with the programme.
- This is an outdoor activity and the programme may be delayed in commencement if met with inclement weather. Hence do be prepared to accept if it extends beyond 11am.
- More details will be given upon your registration for the activity.



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REGISTRATION FORM - Workshops/Activities for Parents (2018 Term 4)

#	WORKSHOP/ ACTIVITY	DATE	TIME	REPLY	REMARKS
1	Father-child bonding activity: Fishing with my Dad - There is a co-payment of \$10 per pair and \$25 for additional child.	13 Oct 2018, Sat	9am-12noon	Father and () children attending	For fathers and children only (Min 10 pairs, max 25 pairs)
2	Parent workshop: I can't live without IT! Engaging the IT and smartphone generation (TCS-P2-2016s)	20 Oct 2018, Sat	9am-11am	() persons attending	
3	Parent/Father-child bonding activity: Big walk and treasure hunt with my Dad at Garden by the Bay.	27 Oct 2018, Sat	8am-11am	() Parents () Children attending	Both parents eligible to participate

Name of Child: _____ Class: _____

Name(s) of Parent(s)/Guardian(s)/Sibling Attending:

1. _____ Relationship to child: father/mother/guardian*

Email address: _____ Mobile no: _____

2. _____ Relationship to child: father/mother/guardian*

Email address: _____ Mobile no: _____

3. _____ Relationship to child: sibling/other*

Email address: _____ Mobile no: _____

Please return completed form to general office, attention to FMS coordinator OR send email to: ngeeann.sfe@gmail.com, Attn: Mdm Lim Beng Choon to register.