



義安中學

NGEE ANN SECONDARY SCHOOL

Established by Ngee Ann Kongsi (義安公司主辦)

Our Vision : An Icon of Excellence & The Pride of the Community

Our Mission : Building Character, Expanding Minds, Shaping Lives

Our Core Values : Integrity, Commitment, Respect,

Responsibility, Open-Mindedness

supported by :



FAMILY matters
@ school

25 Jan 2019

To: Parents / Guardians

FAMILY MATTERS@SCHOOL PROGRAMME

We would like to inform you that as part of our continual efforts to provide a holistic education to our students, our school has adopted the Family Matters@School Programme which is under the umbrella of the Ministry of Social and Family Development (MSF).

2 Family Matters@School adopts a holistic family learning model which includes equipping parents with resources, knowledge and skills to better connect with their children. The parent-child relationship has much impact on the children's academic achievements and their development into socially-adept individuals with positive life skills. It also provides parents with trainings in life skills.

3 Throughout the year, Family Matters@school collaborate with the Parent Support Group (PSG) and Dad's For Life to organise various parent workshops and bonding activities which aim to allow parents to better understand their children and to foster better parent-child relationships. We strongly encourage parents to take full advantage of this programme so as to reap the rewards of building a strong family unit with their children.

4 The co-ordinator of this programme is Mdm Lim Beng Choon. Should you have any queries, please feel free to contact her via email at ngeeann.sfe@gmail.com or SMS your queries to her at 9616 2621.

5 Please refer below for the parent workshops/activities and father-child bonding activities planned for Term 1, 2019.

6 We look forward to receiving your registration and seeing you at these workshops/activities.



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Synopsis and Notes of Workshops/Activities

Please refer below for synopsis of the workshops/activities. You may also visit the school website:

<https://ngeeannsec.moe.edu.sg/links-for-parents/family-matters-at-school-programmes>

#1 Parent workshop: Empowering Your Child/Teen To Be A Champion In Life (BTL-P4-2016S). Trainer from Built 2 Last Training

Date/Time: 2 Mar 2019, Saturday/9am-12noon

Venue: NASS

Suitable for: Parents

Deadline to register: 23 Feb 2019

Being a champion does not mean winning all the time and at all cost. Being a champion means being able to have the inner mental strength and skill to face challenges in life. Children today face challenges that are different from their parents' times. With constant setbacks such as failure, rejection, disappointments, comparisons and insecurities in today's competitive environment, students need to have the mental strength to be over-comers. Parents can play a vital role in helping their children develop the mindset of a champion, which eventually will lead them to develop the necessary skills to be a champion in life.

In this talk, the speaker will discuss:

1. the difference between champions and losers: the goal of most children/teenagers, is your parenting style creating a winner or a whiner (loser), overcoming the greatest obstacle to being a champion – FAILURE.
2. The two essential ingredients of a champion: Positive self-belief - developing a positive self-belief through communication; Resilience - developing resilience (a mindset that does not give up easily) through goal setting and discipline.

Fee: Complimentary



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#2: Father-child bonding activity: Clip and Climb with my Dad

Date/Time: 9 Mar 2019, Sat/10.30am-12noon

Venue: Clip and Climb, Home Team, Our Tampines Hub.

Suitable for: father and child only

Deadline to register: 23 Feb 2019

Details:

- -Minimum 15 father-child pairs to proceed, maximum 57 pax, first come first served
- Co-payment \$30 per father-child pair for min 15 father-child pairs
- Co-payment \$15 per father-child pair for min 20 father-child pairs
- Co-payment \$5 per father-child pair for min 25 father-child pairs
- Additional child will be charged at \$25 per child
- Once you have registered for the activity, you will receive a confirmation from the Coordinator. If you have submitted the form but do not receive any confirmation from coordinator, please check to obtain confirmation.
- If you have registered and do not turn up for the event, you will be charged the full payment of \$50 per father-child pair and \$25 for additional child as the school is unable to subsidise any absentees.
- Please make own arrangement to travel to the venue by 10.10am for attendance marking and payment.
- Other relevant details given to registered participant in due course.



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REGISTRATION FORM - Workshops/Activities for Parents for 2019 Term 1

#	WORKSHOP/ ACTIVITY	DATE, TIME	REPLY
1	<u>Parent workshop:</u> Empowering Your Child/Teen To Be A Champion In Life	2 Mar 2019, Saturday 9am – 12pm	() parent(s) attending
2	<u>Father-child bonding activity:</u> Clip and Climb with my Dad (Co-payment applies)	9 Mar 2019, Saturday 10.30am -12pm	Father and () child/children attending

Name of Child: _____ Class: _____

Name(s) of Parent(s)/Guardian(s)/Sibling Attending:

1. Name of parent/guardian* 1: _____

Email address: _____ Mobile no: _____

2. Name of parent/guardian* 2: _____

Email address: _____ Mobile no: _____

3. Name of sibling 1 (if applicable):

4. Name of sibling 2 (if applicable):

**To register, please completed form and email before the deadline to:
ngeeann.sfe@gmail.com, Attn: Mdm Lim Beng Choon**